

Local Rules for Local Food — Groups —



Local Food Rules (LFR), Food for Maine's Future (FMF), and La Via Campesina (LVC) represent a multi-scale approach to deal with the problems of small farmers. The mission of LFR is to secure and promote the right of community self-governance of food and traditional food exchanges through municipal ordinances and other mechanisms of local governance. LFR formed out of five people who drafted the Local Food and Community Self-Governance Ordinance, and eventually organized into county chapters of Food For Maine's Future. It has now grown a state-wide following in Maine and put together this issue of *Justice Rising*. Get more information at www.localfoodrules.org.

FMF is a statewide organization in Maine that is made up of advocates and activists for small farmers, farm workers and their patrons against corporate-food monopolies. FMF seeks to build a just, sustainable and democratic food system that benefits all Maine farmers, communities and the environment. FMF is part of a growing international movement for food sovereignty and is working to build solidarity and alliances between rural people in Maine and around the world. Get more information at www.foodformainesfuture.net Their work is informed and strengthened through their relationships with their allies in La Via Campesina.



La Via Campesina is the international movement which brings together millions of peasants, small and medium-size farmers, landless people, women farmers, indigenous people, migrants and agricultural workers from around the world. It defends small-scale, sustainable agriculture as a way to promote social justice and dignity. It strongly opposes corporate-driven agriculture and transnational companies that are destroying people and nature. See www.viacampesina.org/en



The mission of **Family Farm Defenders (FFD)** is to create a farmer-controlled and consumer-oriented food and fiber system, based upon democratically controlled institutions that empower farmers to speak for and respect themselves in their quest for social and economic justice. To this end, FFD supports sustainable agriculture, farm worker rights, animal welfare, consumer safety, fair trade, and food sovereignty. FFD has also worked to create opportunities for farmers to join together in new cooperative marketing endeavors and to bridge the socio-economic gap that often exists between rural and urban communities. For more information see www.familyfarmers.org



National Family Farm Coalition (NFFC) says US farm and food policy must change in order to reverse the economic devastation currently faced by our nation's family farmers and rural communities. In addition, our international trade policy must recognize each nation's right and responsibility to make their own decisions about how to develop; protect the capacity to grow food; sustain the livelihood of food producers; and feed the people within its own borders. NFFC envisions empowered communities everywhere working together democratically to advance a food and agriculture system that ensures health, justice, and dignity for all. Future generations will thrive when the family farm is an economically viable livelihood supported by environmentally sustainable and socially diverse vibrant rural communities. See <http://nffc.net>

WhyHunger is a leader in building the movement to end hunger and poverty by connecting people to nutritious, affordable food and by supporting grassroots solutions that inspire self-reliance and community empowerment. WhyHunger brings its unique assets and history to building a broad-based social movement to end hunger. Our set of core values rests on the understanding that solutions and innovation are often found in the grassroots. WhyHunger's programs work to support these community-based organizations as they grow and develop. It also brings new ideas and practices to creating a just food system that provides universal access to nutritious and affordable food. See www.whyhunger.org



Farm-to-Consumer Legal Defense Fund®

The objective of the **Farm to Consumer Legal Defense Fund** is to defend the rights of sustainable family farms and artisan food producers to make their products available to consumers in a manner that protects, preserves and enhances the environment and its natural resources. Products covered include, but are not limited to, meat and meat products, poultry, eggs, raw milk and raw milk products, fruits and vegetables, lacto-fermented foods and beverages, prepared foods, and bread and other baked goods sold directly to consumers without a license or permit. See www.farmtoconsumer.org

The Complete Patient's mission is to provide news and analysis about food rights and raw milk. Increasingly, our access to privately available food is under attack by government and industry forces that seek to impose their choices on us. The Complete Patient seeks to provide up-to-date information and encourage the development of community to maintain traditional food acquisition options. See thecompletepatient.com

The Complete Patient
THE BUSINESS OF YOUR HEALTH